



WOMEN of the Word

DAILY SCRIPTURE STUDY

PSALMS 24–26

¹⁰ Who is he, this King of glory?
The LORD Almighty,
he is the King of glory.

¹¹ In you, LORD my God,
I put my trust.

¹² I trust in you;
do not let me be put to shame,
nor let my enemies triumph over me.

¹³ No one who loves in you
will ever be put to shame,
because you are faithful without fail.

¹⁴ Show me your ways, LORD,
and all your paths.

¹⁵ Guide me by your truth and
faithfulness, for your name is in you all day long.
¹⁶ Do not let the LORD, your great merciful God,
be angry with you, for you are from old.

¹⁷ Do not remember the sins of my youth
and my rebellious ways;
according to your love remember me,
for you, LORD, are good.

¹⁸ Good and upright is the LORD;
therefore he instructs sinners in his ways.

¹⁹ He guides the humble in what is right
and teaches them his way.
²⁰ All the ways of the LORD are loving
and faithful toward those who keep the demands of his covenant.

²¹ For the sake of your name, LORD,
forgive my iniquity, though it is great.

²² Who, then, are those who fear the LORD?

He will instruct them in the ways
they should choose.

²³ They will spend their days in prosperity,
and their descendants will inherit the land.

²⁴ The LORD confides in those who fear him;
he makes his covenant known to them.

²⁵ *This psalm is an acrostic poem, the verses of which begin with the successive letters of the Hebrew alphabet.
²⁶ Or ways he chooses

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¹⁵ My eyes are ever on the LORD,
for he will release me from all my snares.

¹⁶ Turn to me and be gracious to me,
for I am lonely and afflicted.

¹⁷ Relieve the troubles of my heart
and free me from my anguish.

¹⁸ Look on my affliction and my distress
and take away all my sins.

¹⁹ See how numerous are my enemies
and how fiercely they hate me!

²⁰ Guard my life and rescue me;
do not let me be put to shame,
for I take refuge in you.

²¹ Because of your uprightness,
O LORD, do not let my enemies
triumph over me.

²² Vindicate me, LORD,
for I have been a blameless man;
I have trusted in the LORD
and have not faltered.

²³ Test me, LORD, and try me;
examine my heart and my mind;
for I have always been mindful of your
unfailing love
and have lived in reliance on your
faithfulness.

²⁴ Do not let my enemies
triumph over me,
and refuse to sit with the wicked.

²⁵ I wash my hands in innocence,
and go about your altar, LORD,
proclaiming aloud your praise
and telling of all your wonderful
deeds.

²⁶ LORD, I love the house where you live,
the place where your glory dwells.

²⁷ Do not take away my soul along with
sinners,
my life with those who are
bloodthirsty.

²⁸ In whose hands are wicked schemes,
whose right hands are full of bribes.

²⁹ I lead a blameless life;
deliver me and be merciful to me.

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¹¹ Teach me your way, LORD,
lead me in a straight path,
because of my oppressors.

¹² Do not turn me over to the hands of
my foes;
for false witnesses rise up against me,
spouting malicious accusations.

¹³ I remain confident of this:
I will see the goodness of the LORD
in the land of the living.

¹⁴ Wait for the LORD;
be strong and take heart
and wait for the LORD.

¹⁵ Psalms 27
Of David.

¹ To you, LORD, I call,
because you are my Rock,
do not turn a deaf ear to me.
For you remain steadfast,
and I will be like the one who
stands on the pit.

² Hear my cry for mercy,
as I call to you for help,
as I lift up my hands
toward your Most Holy Place.

³ Do not drag me away with the
wicked,
with those who do evil,
who speak cordially with their
neighbors
but harbor malice in their hearts.

⁴ Repay them for their deeds
and for their evil work;
repay them for what their hands have
done
and bring back on them what they
deserve.

⁵ Because they have no regard for the
deeds of the LORD
and what his hands have done,
he will tear them down
and never build them up again.

⁶ Praise be to the LORD,
for he has heard my cry for mercy.

⁷ The LORD is my strength and my
shield;
my heart trusts in him, and he helps
me.

My heart leaps for joy,
and with my song I praise him.

Welcome!

In a world overflowing with diverse standards and expectations for womanhood, it's easy to feel aimless and lost. Surrounded by countless opinions about how we should look, dress, act, and live, the noise can feel overwhelming—especially when we're not firmly rooted in our identity as women.

As I reflected on these thoughts, I felt a stirring in my spirit to take a deeper dive into the lives of our foremothers and women of the Word who came long before us. Though they faced their own challenges, their lives unfolded in a time unburdened by the incessant messaging and societal pressures we endure today. These women were not perfect, but in so many ways, they were the blueprint.

There's a saying: To know where you're going, you need to know where you've been. For many of us, looking back to the lives of these women—examining their strengths and weaknesses, their triumphs and failures—can guide us forward. These women saved nations, loved fiercely, and both negatively and positively altered the course of history. They were mothers, wives, daughters, leaders, and servants. Their stories hold profound lessons about resilience, faith, obedience, and purpose.

By studying them, we not only learn more about their journeys but also uncover truths about ourselves—our own strength, faith, and our Creator-given capabilities. Many of these women had deeply rooted relationships with the Father, displaying unwavering faith, respect, and love for Him, their families, and their communities. By learning from their examples, we can draw closer to the Father and become better equipped to help our sisters and teach our daughters, who will one day teach their daughters, continuing a legacy of faith and wisdom as we strive on the path of righteousness.

As a society, we are so lost. Perhaps looking back is the way forward.

It is my prayer that this study deepens your love for YHWH's Word and draws you closer to our Father in Heaven.

Tierra L.
www.herchosenpath.com

YHWH

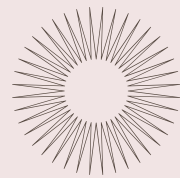
Throughout this study, you'll notice that I've chosen to use the name YHWH in place of the word "God." This decision is rooted in a desire to honor and deepen our understanding of the true name of our Creator as revealed in the Bible.

YHWH (often pronounced Yahweh) is the personal, covenantal name of God found in the Hebrew Scriptures. It is derived from the Hebrew letters Yod-Heh-Vav-Heh and is often translated as "LORD" in many English Bible versions. This name signifies God's eternal and self-existent nature, as seen in Exodus 3:14, when He declares, "I AM THAT I AM." It reminds us of His sovereignty, holiness, and unchanging presence.

Using YHWH helps us connect more intimately with the God of the Bible by reflecting on His unique identity and character. It is a way to deepen our reverence for Him and recognize that He is not just a distant deity, but our personal and relational Creator who desires a relationship with us.

As you read this study, I encourage you to reflect on the significance of this name and how it draws us closer to YHWH, the One who has been faithful to His people throughout all generations. Let this be an opportunity for all of us to grow in our understanding of His character and to worship Him with greater awe and love.

"And God said moreover unto Moses, Thus shalt thou say unto the children of Israel, YHWH God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, hath sent me unto you: this is my name for ever, and this is my memorial unto all generations." -Exodus 3:15



6 THINGS YOU'LL NEED

For a Great Study



Journal or Notebook (For personal insights, prayers, and reflections)



Pen or Highlighters (For marking key verses and notes)



Bible Dictionary & Concordance (For deeper word studies)



Historical & Cultural Study Resources (To better understand the time period and customs of each woman's story)



Pray before each session for guidance.



Bible (Preferably a version you find easy to understand; this study uses YHWH's name for deeper connection)


Below is the structure of the study. Under each woman, you will find:

1. **Name of the Woman**
2. **Key Scriptures:** Where her story is found.
3. **Key Traits and Characteristics:** Strengths, flaws, traits.
4. **Reflection Points:** Questions to ponder and apply.

“Study to shew thyself approved...” 2 Timothy 2:15

STUDY TIPS

for a Meaningful Experience:



Tip One

Take Notes & Journal Your Insights

Write down key takeaways, lessons learned, and how YHWH speaks to you through the study.

Tip Two


Reflect on Strengths & Weaknesses

Consider how each woman's story can relate to your own life, learning from both their victories and mistakes.

Tip Three

Research Historical & Cultural Contexts

Understanding the customs, traditions, and societal roles of biblical times will provide a richer perspective on each woman's journey.



Tip Four

Engage in Personal or Group Discussion

If studying with others, discuss insights, reflections, and different viewpoints to deepen understanding.

Tip Five

Apply What You Learn

Ask yourself how you can incorporate the wisdom from each woman's story into your faith walk today.

Tip Six

Give Yourself Grace

There's no rush! Take your time with each study session, allowing YHWH to reveal His wisdom to you at the right pace.

This is an example of how you can structure your notes for each woman. The reflection questions listed throughout the study are optional and are meant to provoke thought. Feel free to add and omit any questions for a more personalized study. This is meant to be a helpful resource so enjoy!

1. **Woman's Name:** Eve

- Scripture References: Genesis 1:26–4:25

2. **Summary of Her Story:**

Eve was the first woman, created by YHWH as a companion for Adam. She lived in the Garden of Eden until she was deceived by the serpent and ate from the Tree of Knowledge of Good and Evil, bringing sin into the world. Despite her disobedience, YHWH's grace covered her and her family.

3. **Key Traits and Characteristics:**

- **Strengths:** Created in YHWH's image, relational, nurturing.
- **Flaws:** Deceived, disobedient, impulsive.

4. **Reflection Questions:**

- How can I guard myself against deception?
- What role does accountability play in my spiritual life?
- Flaws: What were her struggles, and how did they impact her story?
- Strengths: What admirable qualities did she display?
- Lessons: What can you apply to your own life from her journey?
- YHWH's Role: How did YHWH work in and through her circumstances?

5. **Supporting Scriptures:**

- Romans 5:19 (Sin entered through one, and grace through another).
- 1 Corinthians 10:13 (Overcoming temptation).

6. **Prayer:**

Heavenly Father, thank You for showing me through Eve's story the importance of obedience and trust in You and your will for my life. Help me to guard my heart against deception and to rely on Your wisdom in every decision. Amen.

7. **Application:**

Today, I will take time to identify areas in my life where I might be easily deceived and seek YHWH's wisdom through prayer and His Word.

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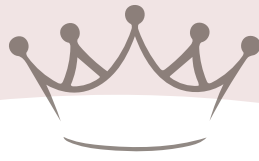
BONUS

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PART ONE

THE FOUNDATIONS OF FAITH



WEEK 1

EVE

Scriptures: Genesis 1:26-4:25

- How does Eve's story teach us about accountability and YHWH's grace?
- What can I learn from Eve's decision to eat the forbidden fruit and about the consequences of disobedience?
- How does Eve's role as the mother of all living inspire me to reflect on my influence in the lives of others?
- Eve's decision affected the entire course of history and all those that came after her. Consider that the decisions you make can have a lasting impact on the generations that come after you. How does this make you feel? Are there any changes that you feel you should make?
- In what ways can I guard myself against being deceived, as Eve was by the serpent?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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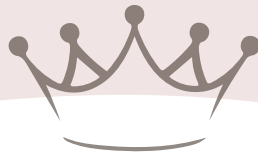
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WEEK 2-3

SARAH

Scriptures: Genesis 11:29-23:20

- How does Sarah's journey of faith and doubt mirror my own struggles with trusting YHWH's timing?
- What does Sarah's story teach about YHWH's ability to fulfill His promises despite human limitations?
- What are your takeaways from Sarah's story?
- What one word would you use to describe her?
- Sarah gave Hagar to Abraham in an attempt to fulfill YHWH's promise herself (Genesis 16:1-6). Have you ever tried to "help" YHWH's plan in your own way? What were the consequences?
- Sarah is later praised in Hebrews 11:11 for her faith. What does this tell us about YHWH's grace and how He sees us beyond our weaknesses?

Key Traits & Characteristics

Strengths:

Weaknesses:

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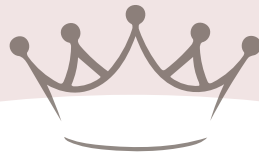
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WEEK 4

HAGAR

Scriptures: Genesis 16, 21:8-21

- How does Hagar's encounter with YHWH as "The YHWH Who Sees" encourage me in moments of feeling unseen?
- What can I learn from Hagar's obedience in difficult circumstances?
- How can I trust YHWH to provide for me and my family, as He provided for Hagar and Ishmael?
- What are your takeaways from Hagar's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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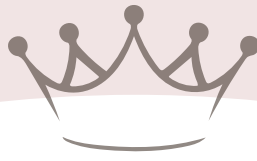
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WEEK 5

REBEKAH

Scriptures: Genesis 24-27

- How did Rebekah's choices affect her family dynamics?
- What does Rebekah's willingness to leave her family teach me about stepping out on faith?
- How can I guard against favoritism in my relationships, as Rebekah struggled with Jacob and Esau?
- In what ways can I trust YHWH's plan instead of trying to control outcomes?
- What can be learned from Rebekah's dedication and obedience to the word of the Father?
- What are your takeaways from Rebekah's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 6

RACHEL & LEAH

Scriptures: Genesis 29-31, 35 & 40

- How does YHWH work through flawed human relationships?
- How does Leah's story of feeling unloved encourage me to seek my worth in YHWH rather than others?
- What can I learn from Leah's faith and perseverance despite her challenging circumstances?
- How can I praise YHWH for His blessings, even when life doesn't look how I expected?
- How does Rachel's longing for children teach me about trusting YHWH with my desires?
- What can I learn from Rachel's struggles with envy and competition?
- How can I find contentment in YHWH's provision rather than comparing my blessings to others?
- What lessons can be learned from Rachel & Leah's story?
- What one word would you use to describe each of them?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 7

TAMAR

Scriptures: Genesis 38

- How does Tamar's courage reveal YHWH's justice?
- How does Tamar's courage to fight for justice inspire me to stand up for what is right?
- What can I learn from her story about trusting YHWH to bring redemption from difficult circumstances?
- How does Tamar's inclusion in the lineage of Christ demonstrate YHWH's grace and mercy?
- What can be learned from Tamar's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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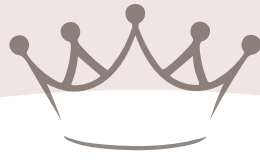
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PART TWO

WOMEN OF LEADERSHIP &
REDEMPTION



WEEK 8

MIRIAM

Scriptures: Exodus 2:1-10; 15:19-21; Numbers 12

- How does pride impact leadership?
- What can I learn from Miriam's boldness in protecting her baby brother, Moses?
- How does Miriam's song of praise encourage me to celebrate YHWH's victories in my life?
- In what ways can I guard against pride and jealousy, as Miriam struggled with?
- In what ways could I stand to learn when and when not to speak on certain things as Miriam had to learn the hard way? Are there times when I speak out of turn?
- What lessons can be learned from Miriam's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 9

DEBORAH

Scriptures: Judges 4-5

- What can we learn from Deborah's courage and wisdom?
- How does Deborah's leadership inspire me to use my gifts to serve others?
- What can I learn from Deborah's courage and wisdom in leading Israel to victory?
- How can I encourage others to step into their YHWH-given roles, as Deborah did with Barak?
- What lessons can be learned from Deborah's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 10

Jael

Scriptures: Judges 4-5

- Jael took decisive action when she saw an opportunity to defeat Israel's enemy. How does her story inspire you to be bold in standing up for righteousness?
- Jael was a seemingly ordinary woman, yet she played a crucial role in YHWH's plan. How does this show that YHWH can use anyone, regardless of status?
- What lessons can be learned from Jael's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 11

RUTH

Scriptures: The Book of Ruth

- How does Ruth's loyalty and faithfulness lead to redemption?
- How does Ruth's loyalty to Naomi challenge me to be steadfast in my relationships?
- What can I learn from Ruth's willingness to work hard and trust YHWH for provision?
- How does Ruth's story encourage me to remain faithful, even in the face of uncertainty?
- What can I learn from Ruth's humility in her approach to Boaz?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 12

HANNAH

Scriptures: 1 Samuel 1-2

- What does Hannah's prayer teach us about faith and surrender?
- How does Hannah's fervent prayer inspire me to take my deepest desires to YHWH?
- What can I learn from Hannah's faith and dedication in giving Samuel back to YHWH?
- How can I use my testimony to glorify YHWH, as Hannah did in her song of praise?
- What lessons can be learned from Hannah's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 13

ABIGAIL

Scriptures: 1 Samuel 25

- How does Abigail's wisdom and quick action diffuse conflict?
- How does Abigail's wisdom and quick action inspire me to bring peace in tense situations?
- What can I learn from her humility and courage in approaching David?
- How can I seek YHWH's guidance when navigating difficult relationships?
- What can I learn from Abigail remaining a righteous wife to Ahab even when his behavior and attitude were unrighteous?
- What can we learn from Abigail's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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PART THREE
WOMEN OF THE KINGDOM



WEEK 14

BATHSHEBA

Scriptures: 2 Samuel 11-12; 1 Kings 1:11-31

- What can I learn from Bathsheba's story about YHWH's ability to bring redemption from brokenness?
- How does her role in Solomon's life encourage me to influence others for good?
- In what ways can I trust YHWH to work through my mistakes?
- What can we learn about being a stumbling block in someone else's life?
- What can we learn about the consequences of selfishness and lust?
- What can be learned from Bathsheba's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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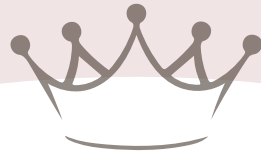
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WEEK 15

ESTHER

Scriptures: The Book of Esther

- How does Esther's story show the importance of courage and obedience?
- How does Esther's courage in approaching the king inspire me to take risks for the sake of others?
- What can I learn from her reliance on prayer and fasting to seek YHWH's guidance?
- How can I use my position or influence to serve others and glorify YHWH?
- What can we learn about fearlessness and courage when representing the Father?
- What lessons can be found in Esther's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 16

THE WIDOW OF ZARAPHATH

Scriptures: 1 Kings 17:7-16

- What does her story teach us about trust in YHWH's provision?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 17

THE SHUNAMMITE WOMAN

Scriptures: 2 Kings 4:8-37

- How does faith bring life to hopeless situations?
- What can we learn about her story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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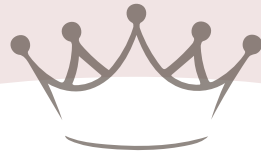
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WEEK 18

JEZEBEL

Scriptures: 1 Kings 16:29-33; 2 Kings 9

- How can we guard against the destructive influence of pride and idolatry?
- What do we learn about the consequences of unchecked wickedness?
- What lessons can be learned from Jezebel's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 19

MARY

Scriptures: Luke 1:26-56; 2:1-52; John 19:25-27

- What can we learn from Mary's humility and obedience to YHWH's plan?
- How does Mary's willingness to say "yes" to YHWH's plan encourage me to trust Him with my life?
- What can I learn from Mary's humility and faith throughout Jesus' life?
- How can I treasure YHWH's promises and reflect on His work in my life, as Mary did?
- How can I learn from Mary not abusing her role as his mother and not standing in the Father's way?
- What lessons can be learned from Mary's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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PART FOUR

WOMEN OF THE
NEW TESTAMENT



WEEK 20

MARY MAGDALENE

Scriptures: Luke 8:1-3; John 20:1-18

- How does Mary Magdalene's story demonstrate Jesus' power to transform lives?
- How does Mary's devotion to Jesus inspire me to remain faithful, even in the face of adversity?
- What can I learn from her role as the first to witness the resurrection?
- What can be learned from Mary's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 21

THE SAMARITAN WOMAN

Scriptures: John 4:1-42

- How does Jesus' interaction with the Samaritan woman teach us about grace?
- What can be learned about persevering in our prayers?
- What lessons can be learned about her story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 22

MARTHA & MARY

(SISTERS OF LAZARUS)

Scriptures: Luke 10:38-42; John 11:1-44

- How do their stories show the balance between service and devotion?
- In this story we can see that there is a difference between what is important to Messiac verses what is important to us, what does this mean to you?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 23

THE WOMAN AT THE WELL

Scriptures: John 4:1-42

- What can we learn about righteous conviction leading us to repentance?
- What can I learn about sharing my testimony from her response to meeting Jesus?
- How can I seek living water in my own spiritual journey?
- What is there to be learned about her story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 24

PRISCILLA

Scriptures: Acts 18:1-28; Romans 16:3-5

- How can I use my gifts to strengthen the faith of those around me?
- How does Priscilla's working alongside her husband in ministry encourage me to serve alongside others?
- What can I learn from her hospitality and willingness to mentor others?
- What lessons can be learned from Priscilla?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 25

LYDIA

Scriptures: Acts 16:11-15, 40

- How does Lydia's hospitality and faith impact the early church?
- What can be learned from Lydia's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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PART FIVE

WOMEN OF THE APOCRYPHA



WEEK 26

JUDITH

Scriptures: The Book of Judith

- How does Judith's bravery inspire faith in action?
- How does Judith's courage in confronting Holofernes inspire me to trust YHWH in dangerous situations?
- What does her reliance on prayer and fasting teach me about preparing for challenges?
- How can I use wisdom and strategy, like Judith, to overcome obstacles in my life?
- What lessons can be learned from Judith's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 27

SUSANNA

Scriptures: Daniel 13 (Apocrypha)

- What can Susanna's story teach us about standing firm in righteousness?
- How does Susanna's integrity challenge me to remain faithful to YHWH despite external pressure?
- What can her story teach about trusting YHWH for vindication when falsely accused?
- How do I respond when my character is tested or misunderstood?
- What can be learned from Susanna's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 28

THE MOTHER OF 7 SONS

Scriptures: 2 Maccabees 7

- How does her story demonstrate faith and courage in suffering?
- How does the mother's unwavering faith in YHWH inspire me to stand firm in my beliefs?
- What can her willingness to sacrifice everything for YHWH's law teach about spiritual priorities?
- How do I encourage and guide others in their faith, even in difficult times?
- What can we learn from her about raising mentally and spiritually strong children?
- What can we learn from her story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 29

SARAH

Scriptures: The Book of Tobit

- How does Sarah's suffering and faith in YHWH's deliverance inspire me to trust Him in moments of despair?
- What does her story teach about YHWH's ability to provide healing and restoration?
- How can I incorporate prayer into my struggles, as Sarah did?
- What lessons can we learn about Sarah's story?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 30

ESTHER

Scriptures: Additions to Esther

- How does the expanded narrative of Esther's prayers deepen my understanding of her faith?
- What does her willingness to fast and intercede teach me about seeking YHWH's guidance?
- How can I display courage and humility when faced with overwhelming responsibilities?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 31

ANNA

Scriptures: The Book of Tobit

- How does Anna's support of Tobit during his blindness reflect the importance of compassion in marriage?
- What can her frustrations teach me about handling challenges in family life?
- How do I remain patient and supportive during times of hardship?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 32

THE DAUGHTERS OF ZION

Scriptures: Baruch 4:31-5:9

- How does the promise of YHWH's restoration inspire me to trust Him in times of grief?
- What can I learn about hope and endurance from the collective lament of the daughters?
- How can I encourage others with the hope of YHWH's promises?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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WEEK 33

THE WIDOW OF THE MACABBEAN REVOLT

Scriptures: Baruch 4:31-5:9

- How does the widow's bravery in upholding YHWH's law challenge me to stand firm in my convictions?
- What does her story teach about the importance of resisting cultural pressures that contradict my faith?
- How can I demonstrate similar courage in standing up for what is right?
- What one word would you use to describe her?

Key Traits & Characteristics

Strengths:

Weaknesses:

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*"Favour is
deceitful, and
beauty is vain: but
a woman that
feareth YHWH, she
shall be praised."*

P R O V E R B S 3 1 : 3 0

A PRAYER OF REPENTANCE

Heavenly Father,

I come before You today with a humble heart, fully aware of how deeply I need Your grace and mercy. I am broken, but I trust in Your love to deliver me. I believe with all my heart that Yahushua, Your Son, gave His life for me, bore my sins, died, and rose again so that I might receive the precious gift of eternal life.

"For Elohim so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." -John 3:16

Today, I repent and turn away from the sins that have kept me distant from You. Through the sacrifice of Yahushua, I am cleansed, renewed, and forgiven. His blood covers my sins, and through His grace, I am restored. Father, I ask that You renew my heart, drawing me nearer to You. Let Yahushua's love and redemption guide my every step and lead me into Your truth.

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." -1 John 1:9

Fill me Father, with Your Holy Spirit, my Comforter and Guide. Strengthen me to reflect Your love, to walk in righteousness, and to remain steadfast in faith even through trials. Let my life be a reflection of Your truth, bringing honor to Your name.

"The Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him, but you know Him, for He dwells with you and will be in you." -John 14:17

I choose today to love You with all my heart, soul, and mind. Teach me to obey Your commands, to delight in Your ways, and to align my actions with Your will. May my life honor You as I walk in Your blessings and promises.

"And you shall love YHWH your Elohim and guard His charge: even His laws, and His right-rulings, and His commands, always." -Deuteronomy 10:1

I am forever grateful for Your endless mercy, and I trust fully in Your perfect plan for my life. I give You all the honor, all the glory, and all the praise. May Your name, YHWH, be exalted forever, and may Your will be done in my life.

In Yahushua's name, I pray.
Amen.



As we come to the end of this study, I hope you feel inspired, and enriched by the incredible lives of the women we've examined. Each woman, in her own way, walked a path that shaped history, taught profound lessons, and demonstrated the power of YHWH working through humanity. They were not perfect—some stumbled, some doubted, some carried immense burdens, and some failed. Yet, their flaws, struggles, faith, and triumphs mirror so much of our own lives.

Through their stories, we see reflections of our Father's grace, mercy, and purpose for women. We see how deeply He values and uses women in His grand design—whether it's to nurture life, lead by example, stand for what is right, or demonstrate faith that moves mountains. Their lives remind us that no matter our circumstances, YHWH can use us, mold us, and transform us for His glory.

I pray that this study has given you clarity and encouragement, helping you rediscover or deepen your understanding of what it means to be a woman rooted in faith. Let these stories remind you of your own strength, your YHWH-given purpose, and the legacy of faith you carry. Take these lessons with you as you move forward, letting them guide your heart and actions as you fulfill your calling.

And don't let the journey stop here. Teach these stories to your daughters, share them with your sisters, and discuss them with your friends. Allow these examples to spark conversations that encourage growth, reflection, change, and a deeper connection with the Word. As we look back to these women for guidance, may we also move forward making these stories applicable to our own lives and how we walk in our journey to Salvation.

Remember, our Father's love and His plans for you are unwavering, just as they were for the women of old. His grace is sufficient, and His power is made perfect even in your weaknesses. Keep seeking Him in everything, trusting that He will guide your steps and use you in ways beyond your imagination. Thank you for allowing me to walk this journey with you. I pray this study blesses you and draws you ever closer to our Heavenly Father.

With love, peace, and blessings,

Tierra L.

Founder of Her Chosen Path



VIRTUE INDEX

Faith & Trust in YHWH

- Eve:** Trusting YHWH's plan despite personal failure (Genesis 1-4)
Sarah: Faith in God's promises despite possibilities (Genesis 12-23)
Ruth: Loyalty and faith in YHWH's providence (Book of Ruth)
Hannah: Persistent faith in prayer (1 Samuel 1-2)
Mary (Mother of Messiah): Trusting YHWH's will despite uncertainty (Luke 1-2, John 19)
Susanna(Apocrypha): Faithfulness under false accusations (Daniel 13)

Courage & Boldness

- Deborah:** Leading with courage in a time of oppression (Judges 4-5)
Jael: Boldness in defeating Israel's enemy (Judges 4:17-24)
Esther: Risking her life to save her people (Book of Esther).
Judith(Apocrypha): Courage in defending her people (Book of Judith)

Wisdom & Discernment

- Abigail:** Wisdom is preventing disaster (1 Samuel 25).
The Queen of Sheba: Seeking wisdom and honoring God's knowledge (1 Kings 10:1-13).
Mary of Bethany: Discernment in choosing spiritual priorities (Luke 10:38-42, John 12:1-8).

Motherhood & Nurturing

- Hagar:** Perseverance and God's care for mothers (Genesis 16, 21).
Rebekah: Motherhood and navigating family challenges (Genesis 24-27).
Jochebed: Protecting and nurturing a child destined for greatness (Exodus 2).
Elizabeth: Faithful motherhood in old age (Luke 1).

Obedience to YHWH

- Mary(Mother of Messiah):** Submitting to YHWH's plan (Luke 1).
Miriam: Following YHWH's direction through leadership(Exodus 15).
Rahab: Obedience and aligning with YHWH's people (Joshua 2, 6:22-25).



VIRTUE INDEX

Loyalty & Devotion

Ruth: Loyalty to family and faith in YHWH (Book of Ruth).

Naomi: Guiding and mentoring through loyalty (Book of Ruth).

Anna the Prophetess: Lifelong devotion to YHWH (Luke 2:36–38).

Perseverance & Adversity

Leah: Perseverance despite feeling unloved (Genesis 29–30).

Tamar (Daughter-in-law of Judah): Endurance and asserting justice (Genesis 38).

The Syrophenician Woman: Persistence in seeking Jesus' help (Mark 7:24–30).

Repentance & Redemption

Rahab: Transformation through faith (Joshua 2, 6:22–25).

The Woman at the Well: Redemption through encountering Jesus (John 4:1–30).

Mary Magdalene: Healing and dedication to Jesus after forgiveness (Luke 8:1–3; John 20:1–18).

Leadership and Influence

Deborah: Leading as a judge and prophetess (Judges 4–5).

Esther: Using influence to save her people (Book of Esther).

Lydia: Leading and supporting the early church (Acts 16:11–15).

Justice and Advocacy

Bathsheba: Advocating for justice for her son (1 Kings 1:11–31).

Judith (Apocrypha): Fighting for her people's freedom (Book of Judith).

Phoebe: Supporting and serving the church as a deacon (Romans 16:1–2).



VIRTUE INDEX

Humility and Service

Ruth: Humble service to Naomi and trust in YHWH (Book of Ruth).

Martha: Service and hospitality (Luke 10:38–42, John 11:1–44).

Dorcas (Tabitha): Service to the poor through good works (Acts 9:36–43).

Prayer and Intercession

Hannah: Earnest prayer for a child (1 Samuel 1–2).

Esther: Fasting and intercession for her people (Book of Esther).

Anna the Prophetess: Devotion to prayer and fasting (Luke 2:36–38).

Reflections on the Human Condition

Eve: The consequences of sin and YHWH's mercy (Genesis 1–4).

Bathsheba: The complexities of relationships and restoration (2 Samuel 11–12, 1 Kings 1).

Delilah: The dangers of manipulation and betrayal (Judges 16).

Faithfulness Under Pressure

Susanna (Apocrypha): Maintaining integrity amidst trials (Daniel 13).

The Woman with the Issue of Blood: Persevering in faith for healing (Mark 5:25–34).

Priscilla: Supporting the church with her husband (Acts 18).

Strength in Weakness

Leah: Finding strength in YHWH's love despite rejection (Genesis 29–30).

The Widow of Zarephath: Trusting YHWH during famine (1 Kings 17:7–16).

Tamar (Sister of Absalom): Overcoming shame and injustice (2 Samuel 13).

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